# Understanding Female Consumer Psychology and Marketing Strategies in China's Tea Beverage Industry

# Chixin Huang<sup>1,a,\*</sup>

<sup>1</sup>Shanghai Mingsui Creative School, Shanghai, 200100, China a. 180705221@stu.hrbust.edu.cn \*corresponding author

Abstract: This research delves into the psychology of female consumers and the effectiveness of marketing strategies in China's rapidly expanding and highly competitive tea beverage industry. Through a detailed analysis of a survey conducted with 66 young, urban women, the study investigates their purchasing behaviors, brand preferences, and the significant impact of various marketing strategies on their decision-making processes. The findings reveal that taste, health benefits, and price are the most influential factors driving purchase decisions, with Heytea emerging as the most favored brand among respondents. Additionally, the study underscores the crucial role of social media in shaping consumer awareness and engagement, though it also highlights that direct interaction with brands on these platforms remains limited. Emotional drivers, such as indulgence and self-reward, further influence purchasing behavior, yet overall brand loyalty is found to be moderate. These insights highlight the importance of tea brands prioritizing high product quality while continuously innovating their marketing strategies to effectively connect with and retain this key demographic in a highly competitive market.

*Keywords:* Female Consumer Behavior, Tea Beverage Industry, Marketing Strategies, Social Media Influence, Brand Loyalty.

#### 1. Introduction

In recent years, China's tea beverage industry has undergone rapid growth, transforming from a traditional market rooted in ancient tea-drinking customs to a modern, dynamic sector of the consumer economy. According to a report by iiMedia Research, the size of China's tea beverage market reached over 442.8 billion yuan in 2022, with anticipated growth to 578 billion yuan by 2025 [1]. This exponential expansion can be attributed to the fusion of traditional tea culture with contemporary consumer preferences, particularly the rising demand for innovative tea-based drinks such as milk teas, fruit teas, and herbal infusions. The industry initially began modernizing around the late 1990s, but it gained significant momentum in the early 2010s as brands like HeyTea, Naixue's Tea, and ChaTime entered the scene, setting new standards for tea beverages that blend quality ingredients with unique, customized consumer experiences.

The rise of China's tea beverage industry coincides with broader trends in consumer behavior and urbanization. As urban dwellers seek more diversified and convenient dining options, tea beverage outlets have multiplied in cities, becoming a popular choice for both leisure and social activities. By 2021, it was estimated that the industry had over 500,000 outlets across China, employing millions

<sup>©</sup> 2024 The Authors. This is an open access article distributed under the terms of the Creative Commons Attribution License 4.0 (https://creativecommons.org/licenses/by/4.0/).

of workers and serving tens of millions of consumers daily [2]. Companies like HeyTea and Naixue's Tea have expanded not only domestically but also into international markets, aiming to cater to Chinese expatriates and a growing global interest in Asian-inspired beverages.

The profitability of this industry is reflected in its revenue growth, as major players have achieved billions in sales annually. For instance, Naixue's Tea reported a total revenue of approximately 3.97 billion yuan in 2021, showing a year-on-year increase despite challenges brought about by the COVID-19 pandemic [3]. Furthermore, these brands have received numerous accolades for their product innovation and business strategies. HeyTea, for instance, has been awarded for its creativity in product design and branding, including prestigious recognitions such as the Red Dot Design Award [4].

Behind the success of these tea beverage brands is a sophisticated understanding of the modern Chinese consumer. Female consumers, in particular, represent a key demographic, driving a significant portion of the market's revenue. Women, especially those aged 18 to 35, are frequent patrons of tea beverage shops, with their preferences strongly influencing product offerings, marketing strategies, and brand identities. They are not only consumers but also brand ambassadors, actively promoting products on social media and contributing to the virality of certain brands. Understanding the psychological drivers of female consumers is, therefore, crucial for companies to craft effective marketing strategies. These strategies often involve elements of personalization, social engagement, and emotional appeal, which resonate strongly with female consumers seeking both a sensory and social experience from their tea beverages.

This study seeks to explore the psychology of female consumers within China's tea beverage industry and investigate how marketing strategies are tailored to cater to their preferences and behaviors. By analyzing successful marketing campaigns and consumer feedback, the study aims to provide insights into what makes the female consumer base so influential in shaping the development of this rapidly growing industry.

This research is significant as it provides a comprehensive understanding of how female consumer behavior drives the growth of China's tea beverage industry, offering valuable insights for businesses looking to thrive in this competitive market.

## 2. Literature Review

The study of consumer psychology and marketing strategies, particularly within China's tea beverage industry, is a growing field that reflects broader trends in consumer behavior, globalization, and the rise of personalized marketing in competitive markets. Scholars have examined a variety of factors influencing consumer preferences, with a particular focus on the impact of gender, culture, and digital transformation on marketing strategies.

### 2.1. Female Consumer Psychology

Consumer psychology has long been an area of academic interest, particularly in understanding how different demographics, including gender, affect purchasing decisions. Meyers-Levy and Loken argue that gender significantly influences consumer behavior due to inherent psychological and social differences [5]. Women tend to be more detail-oriented and socially conscious in their purchasing decisions, often prioritizing product aesthetics, social validation, and emotional fulfillment. This aligns with findings from studies in China's beverage industry, which emphasize the central role of female consumers, particularly in younger age groups (18-35), in driving demand for tea beverages.

Moreover, researchers have highlighted that female consumers are more responsive to emotional and personalized marketing, making them a crucial demographic for businesses that aim to create intimate brand-consumer relationships [6]. This insight has been influential in the strategies of tea

brands like HeyTea and Naixue's Tea, which use personalized marketing approaches to engage female consumers, leveraging social media platforms to create interactive and emotionally appealing campaigns. As noted by Zhao, understanding the emotional triggers and consumption patterns of women is key to crafting successful marketing strategies in industries like tea beverages, where social experiences and self-expression are deeply intertwined with consumption habits [7].

# 2.2. Marketing Strategies in China's Tea Beverage Industry

The marketing strategies employed by businesses in China's tea beverage industry have also been the subject of significant academic interest. The rapid growth of this sector has attracted attention from scholars studying branding, product development, and consumer loyalty. Chen and Sun argue that a strong focus on product innovation and customization has been central to the success of tea brands [8]. Modern tea beverage companies have moved beyond traditional offerings, blending tea with a variety of ingredients such as fruit, milk, and other health supplements to cater to changing consumer tastes. This innovation is often combined with an emphasis on high-quality ingredients, which appeal to health-conscious female consumers [9].

Social media marketing has become an indispensable tool in the tea beverage industry. Wang and Lau found that platforms like WeChat, Weibo, and Douyin (TikTok) allow brands to interact with consumers directly and foster brand loyalty through community-building [10]. These platforms are particularly effective in targeting younger, tech-savvy female consumers, who are more likely to share their beverage experiences online, contributing to the virality of certain products and brands. Qin also points out that online engagement is not only about promoting products but also about creating lifestyle brands that female consumers can relate to, thus turning them into brand ambassadors.

In addition, Xie and Li highlight the importance of experiential marketing, where the consumption of tea beverages is tied to an experience rather than just a product [11]. Tea brands like Naixue's Tea are known for creating aesthetically pleasing store environments that appeal to female consumers seeking a social and sensory experience. This emphasis on creating a holistic experience has been key to attracting young female customers, who often visit tea shops as part of a broader social activity.

# 2.3. Consumer Loyalty and Branding

Scholars have also explored the role of consumer loyalty and brand attachment in the tea beverage industry. Kotler and Keller argue that consumer loyalty is cultivated through consistent, positive brand experiences, which, in turn, are often driven by emotional connections with the brand [12]. This perspective is highly relevant in the context of China's tea beverage market, where many brands are focused on building long-term relationships with female consumers through targeted branding strategies.

Brand loyalty is particularly strong among female consumers, as noted by Li and Liu, who found that women tend to remain loyal to brands that align with their personal values and provide consistent, high-quality experiences [13]. For tea beverage companies, this means ensuring that every consumer touchpoint, from the store environment to the packaging and digital content, reinforces the brand's identity and values.

Furthermore, Huang and Zhang emphasize the significance of "soft power" in branding, particularly for companies targeting female consumers [9]. Soft power refers to the cultural and emotional influence a brand can exert, making it more than just a commercial entity. Brands like HeyTea have successfully built a narrative around lifestyle and culture, resonating deeply with female consumers who view the brand as an extension of their personal identity and values. The integration of storytelling in marketing campaigns has proven to be a powerful tool for fostering deeper connections with consumers and enhancing brand loyalty.

# 2.4. Gaps in Existing Research

While previous studies have provided valuable insights into female consumer psychology and marketing strategies within the tea beverage industry, there are still gaps that need further exploration. For instance, Zhao notes that there is limited research on the long-term impact of personalized marketing on brand loyalty among female consumers [7]. Additionally, although social media's role in shaping consumer behavior has been well documented, the specific mechanisms through which online engagement translates into offline purchases remain underexplored [8]. Future research should also consider the potential impact of emerging technologies, such as artificial intelligence and big data, in further personalizing marketing strategies for female consumers.

## 3. Methodology

This study employed an online survey to collect data from female consumers in China's tea beverage industry, aiming to understand their behaviors, motivations, and responses to marketing strategies. The survey was distributed across several platforms to target a diverse audience, resulting in 67 responses, all from female participants. These respondents varied in age, income, and location, offering a broad perspective on consumer behavior across different regions of China. After excluding one invalid response due to repetitive answer patterns, 66 valid responses were retained for analysis.

The survey, developed using the Wenjuanxing platform, comprised 20 multiple-choice questions that addressed several core areas of female consumer behavior. These areas included the frequency of tea purchases, key factors influencing buying decisions, and respondents' preferred brands. Additionally, the survey explored brand perception, investigating how consumers view different tea brands and their responses to various marketing strategies. Social media engagement was another focus, analyzing the influence of social media platforms on purchasing decisions and brand loyalty. Lastly, the survey delved into emotional drivers, seeking to understand the psychological and emotional factors that motivate tea beverage purchases. This multifaceted approach provided a comprehensive understanding of the various elements influencing female consumers in the tea beverage industry.

To ensure a diverse sample, the survey was distributed through multiple online channels. Wenjuanxing's internal network served as a key distribution method, where users participated in surveys in exchange for completing others, thereby attracting a wide range of respondents. The survey was also shared on popular social media platforms like Douyin and Xiaohongshu, both of which have a significant user base of young women, making them ideal for reaching the target demographic. Additionally, the survey was promoted in online communities focused on tea beverage discussions, further expanding its reach. This multi-platform approach ensured that the survey captured responses from a broad demographic, reflecting various regional, social, and economic backgrounds within China.

The survey remained open for two weeks, allowing sufficient time to gather a wide range of responses from different regions and backgrounds. While the sample size of 67 provided valuable insights, the relatively small number of respondents and the reliance on online distribution may limit the generalizability of the results. Certain groups, such as older consumers or those with limited internet access, may have been underrepresented in this study. Nonetheless, the 66 valid responses offer a useful snapshot of female consumer behavior in China's tea beverage industry, providing a foundation for further research.th limited internet access.

#### 4. Results

# 4.1. Demographic Analysis

The majority of the survey participants were young women between the ages of 18-35, with 44.78% falling within the 18-25 age group. In terms of income, most respondents earned between 5000-10000 yuan per month (43.28%), indicating that the survey targeted consumers with moderate spending power. Regarding occupation, students (38.81%) and white-collar workers (43.28%) made up the largest proportion of respondents. In terms of geographic distribution, the survey found that 49.25% of respondents live in first-tier cities (e.g., Beijing, Shanghai), with another 44.78% in second-tier cities, demonstrating that tea beverage consumers are primarily concentrated in urban areas.

# 4.2. Purchasing Behavior

In terms of purchasing frequency, most respondents indicated they purchase tea beverages 2-3 times per week (40.3%), while a smaller portion (26.87%) purchases tea beverages daily. When asked about their usual consumption settings, the majority of respondents stated they prefer to buy tea beverages when with friends or family (43.28%), suggesting that tea beverages often play a social role in their lives.

In selecting tea beverages, respondents ranked taste, health/nutritional content, and price as the most important factors, with taste being the top priority. This indicates that while health-conscious choices are growing in popularity, consumers still place a premium on flavor.

# 4.3. Brand Preference and Influencing Factors

When asked about their preferred brands, Heytea dominated as the top choice, with 71.64% of respondents selecting it as their go-to tea beverage brand. This is consistent with Heytea's popularity in major urban areas of China, where it is known for its innovative flavors and high-quality products.

Respondents were also asked to identify the key reasons they chose their favorite brands. Product quality (71.64%), innovative flavors (65.67%), and in-store experience (49.25%) were the top three factors. This suggests that while marketing and branding are important, tangible aspects like product taste and store atmosphere are critical in sustaining consumer loyalty.

Regarding the influence of marketing, more than two-thirds of respondents reported that marketing activities, such as social media ads and promotional offers, influenced their purchasing decisions. 30% stated that marketing had a "significant" impact, while 43.28% indicated it had a moderate influence. These findings underscore the importance of well-targeted marketing campaigns in attracting consumers.

# 4.4. Social Media Interaction and Its Impact

Social media plays a critical role in shaping consumer awareness and engagement with tea beverage brands. Most respondents obtain information about tea beverages through social media platforms, with WeChat, Weibo, and Douyin being the most frequently used. This highlights the importance of a strong social media presence for tea beverage brands aiming to reach their target audience.

Additionally, 42% of respondents mentioned that they have purchased a tea beverage based on recommendations from influencers or celebrities on social media platforms. However, when it comes to interacting with tea brands, only a small percentage (19.4%) reported frequent engagement, while the majority (58.21%) stated they occasionally interact with brands, indicating that while social media is an important channel for discovery, active engagement with brands is less common.

#### 4.5. Purchase Motivation and Emotional Drivers

When asked about their main reasons for purchasing tea beverages, the top responses were to quench thirst (59.7%) and to reward or indulge oneself (47.76%). This suggests that tea beverages are not only seen as a practical option but also as a treat, adding an emotional component to the consumption experience.

A significant portion of respondents (40.3%) acknowledged that they are sometimes influenced by emotional marketing, such as brand stories or emotional elements in advertisements. However, 32.84% of respondents said they are rarely affected by such strategies, indicating that while emotional appeals may resonate with some, they do not universally drive purchasing decisions.

In terms of brand loyalty, 45% of respondents stated that they have a preference for one brand but are open to trying others, while 25.37% expressed strong loyalty to a single brand. This suggests that while some consumers are willing to experiment with new brands, cultivating a loyal customer base remains possible with consistent quality and experience.

### 4.6. Influence of Brand Culture and Values

Finally, 21 respondents (31.34%) stated that they have been influenced by a brand's values or culture, such as a commitment to environmental sustainability or social responsibility when deciding to make a purchase. This indicates that while such values are important to a subset of consumers, they are not yet the dominant factor driving purchasing decisions across the board.

## 4.7. Social Media and Brand Loyalty

When asked if they had ever purchased a tea beverage based on recommendations from social media influencers or celebrities, 42% answered yes, showing the impact of influencer marketing. Regarding brand interaction through social media activities (e.g., limited edition releases, and online events), 30% of respondents stated these interactions had a significant effect on their purchase frequency, while 40.3% reported a moderate impact.

Interestingly, when asked about their general feelings toward brands on social media, 30% of respondents expressed enthusiasm about engaging with brands through social platforms, while the rest either interact occasionally or not at all. This shows that while social media is effective for certain consumers, it may not be the primary engagement platform for all.

Finally, when asked whether they were willing to share their purchase experiences or promote a tea beverage brand by posting product photos, 43.28% were open to it. This indicates that a considerable number of consumers are willing to engage in brand promotion if they have a positive experience, making customer-generated content a potential asset for tea beverage brands.

# 5. Discussion

The survey results provide key insights into the female consumer psychology and marketing strategies in China's tea beverage industry. A demographic analysis reveals that the majority of participants were young women aged 18-35, with most earning between 5000-10000 yuan per month and residing in first- or second-tier cities. This suggests that tea beverage consumers primarily consist of younger, moderately affluent urban women. The concentration of consumers in major cities is likely due to the higher availability of premium tea beverage brands and the urban lifestyle, which tends to favor convenience and social consumption. Brands can maintain engagement with this demographic by continuing to target urban centers and tailoring their offerings to young, upwardly mobile consumers.

In terms of purchasing behavior, the majority of respondents indicated that they purchase tea beverages 2-3 times per week, often in social settings with friends or family. This highlights the social role that tea beverages play in consumer lives, suggesting that companies should emphasize the communal and experience-based aspects of their products. Marketing campaigns that tap into this social consumption behavior could be effective, such as promotions targeting group purchases or loyalty programs for social gatherings. To further enhance this, tea beverage brands can focus on creating a more inclusive and enjoyable in-store experience, fostering a sense of community.

When it comes to brand preference, Heytea was the dominant choice, with 71.64% of respondents citing it as their preferred brand. The key factors driving this preference were product quality, innovative flavors, and the in-store experience. These results underscore the importance of maintaining high standards in product quality while continuously innovating in flavors to keep consumers engaged. The success of Heytea also suggests that while marketing is essential, the actual product experience remains a critical driver of loyalty. To sustain this advantage, brands must continue to invest in product development and ensure that the in-store atmosphere remains inviting and engaging.

Marketing activities, particularly through social media, have a significant impact on consumer behavior, with over two-thirds of respondents indicating that marketing influences their purchasing decisions. However, while many consumers discover brands through social media, only a small percentage actively engage with brands online. This suggests that while social media is an effective awareness tool, it may not always translate into sustained engagement. Tea beverage brands should consider strategies that go beyond traditional social media advertising, such as interactive online events, limited-edition product releases, or influencer partnerships that encourage deeper consumer interaction.

Emotional drivers also play a role in tea beverage consumption, as many respondents purchase tea beverages not only to quench thirst but also to reward or indulge themselves. This emotional component can be leveraged in marketing by highlighting the indulgent, self-care aspect of tea consumption. However, emotional marketing is not universally effective, with 32.84% of respondents stating they are rarely influenced by emotional appeals. Brands should therefore adopt a balanced approach, using emotional storytelling in combination with practical, value-driven messaging to appeal to a broader audience.

Brand loyalty appears to be moderate, with 45% of respondents showing a preference for one brand but remaining open to trying others. This suggests that while some consumers may be loyal, there is an opportunity for brands to attract new customers by offering unique experiences or limited-time offerings that encourage trial. To cultivate stronger brand loyalty, companies need to maintain consistent quality and innovate without alienating their core customers.

Finally, the influence of brand culture and values on purchasing decisions, such as sustainability or social responsibility, was noted by 31.34% of respondents. While not the primary driver for most consumers, this is a growing trend, particularly among younger, socially conscious shoppers. Brands that want to appeal to this subset should integrate socially responsible practices into their core values and communicate these effectively in their marketing.

## 6. Conclusion

This study provides valuable insights into the purchasing behavior, motivations, and brand loyalty of female consumers in China's tea beverage industry, particularly among young urban women. The majority of respondents, aged 18-35 and residing in first- and second-tier cities, prioritize factors such as taste, product quality, and innovative flavors when selecting tea beverages. While marketing campaigns, especially those leveraging social media, play a significant role in attracting consumers, the product experience itself—through quality and in-store atmosphere—remains critical in building and sustaining brand loyalty.

# Proceedings of ICFTBA 2024 Workshop: Finance's Role in the Just Transition DOI: 10.54254/2754-1169/141/2024.GA18856

Social media's impact on brand awareness is evident, with many consumers discovering tea brands through platforms like WeChat and Douyin. However, active engagement with brands online is relatively low, suggesting that while social media is effective for exposure, deeper interaction requires more personalized and immersive strategies. Emotional drivers also influence purchasing decisions, particularly in treating tea beverages as a reward or indulgence. However, emotional marketing alone does not universally appeal to all consumers, indicating that a balanced approach blending emotional and practical appeals is necessary.

Finally, while sustainability and social responsibility influence a subset of consumers, they are not yet dominant factors. Brands can capitalize on this emerging trend by integrating socially responsible practices into their business models and marketing strategies to attract increasingly conscious consumers. Maintaining innovation, quality, and effective engagement will be key to staying competitive in China's dynamic tea beverage market.

### References

- [1] iiMedia Research. (2022) China's New Tea Beverage Industry Data Report. Retrieved from www.iimedia.cn.
- [2] Deloitte. (2021) Chinese Consumer Trends: Exploring the Growing Popularity of Tea Beverages. Retrieved from www.deloitte.com.
- [3] Nayuki Holdings Ltd. (2021) Annual Report 2021. Retrieved from www.nayuki.com.
- [4] Red Dot. (2020) HeyTea Design Award. Retrieved from www.red-dot.org.
- [5] Meyers-Levy, J., Barbara, L. (2015) Revisiting Gender Differences: What We Know and What Lies Ahead. Journal of Consumer Psychology, vol. 25, no. 1, pp. 129-149.
- [6] Huddleston, P., Stacy, M. (2011) Consumer Behavior: Women and Shopping Trends. Routledge.
- [7] Zhao, T. (2019) Emotional Branding and Female Consumer Behavior in China. Marketing Journal of China, vol. 10, no. 3, pp. 98-110.
- [8] Chen, M., Sun, L. (2019) Exploring the Role of Product Innovation in China's Tea Beverage Market. Journal of Consumer Marketing, vol. 36, no. 3, pp. 298-312.
- [9] Huang, X., Zhang, X. (2022) Soft Power and Branding in China's Tea Beverage Industry: A Study of HeyTea. Journal of Brand Strategy, vol. 11, no. 1, pp. 58-75.
- [10] Wang, X., Wing, L. (2020) Digital Engagement and Consumer Loyalty in China's Tea Beverage Market. Asia Pacific Journal of Marketing and Logistics, vol. 32, no. 5, pp. 1127-1145.
- [11] Xie, N., Dong, L. (2021) Experiential Marketing and Customer Loyalty in China's Tea Beverage Industry. Journal of Service Management, vol. 32, no. 4, pp. 355-374.
- [12] Kotler, P., Kevin, L. K. (2016) Marketing Management. Pearson.
- [13] Li, Y., Wei, L. (2020) Consumer Loyalty and Branding in China's Beverage Industry. Marketing and Consumer Behavior Research, vol. 15, no. 2, pp. 120-135.